

20.109 Communication Workshop 3: Journal Club

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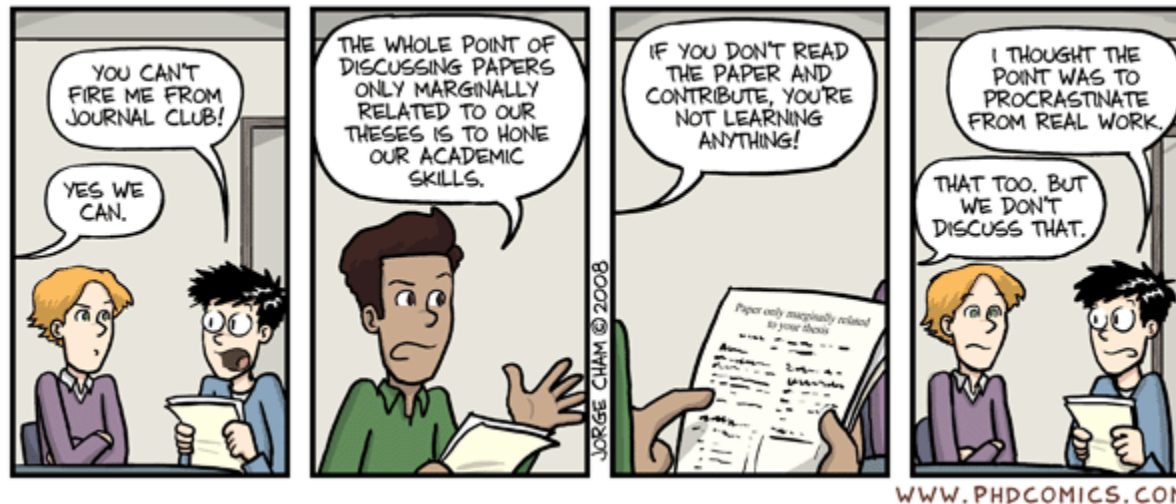
BE Communication Lab Instructors

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be.mit.edu/communicationlab

Helping you communicate effectively.

How many of you have been to a journal club meeting before?



Why are they useful?

Journal clubs help us learn to evaluate and clearly present scientific work



- Totally transferrable skill
- Helps you communicate YOUR work better
- Learn history or stay up-to-date
- Collaborate to understand

Avoid common 20.109 pitfalls

DON'T

Start so late you don't have time to digest the paper

Be exhaustive
List experiments chronologically

Go outside the 9.5-10.5 minute time

Forget to cite the paper

Say "we did this"

Use illegible labels

DO

Give yourself time to read the paper
2-3 times

Be selective
Tell a story

Practice until you know you can hit the time limit

Include citation in your title slide

"The authors did this"

Use ≥ 20 pt font
Make your own figure labels if helpful
Use legible font colors

Skills we'll discuss today

1. Crafting a story
2. Identifying key parts of a scientific work
3. Designing effective slides
4. Presenting well

Be a human.

1. Tell us a story.

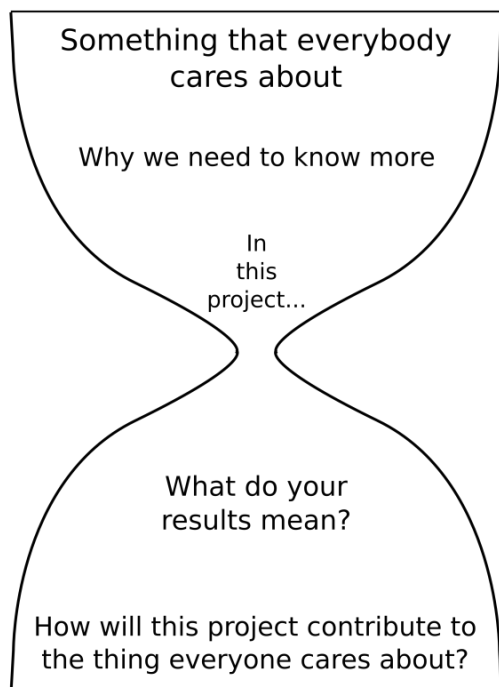
“Excellent students tell a story.”

-Noreen

You only have 10 minutes for your journal club presentation.

What content will you include?

Recall the Hourglass Model for Abstracts



Introduction	<ul style="list-style-type: none"> • introduce yourself and credit the authors of the paper • clear and concise description of the central question addressed by the paper, <i>and</i> its significance • contains sufficient background needed to understand the results 	(15)
Methods	<ul style="list-style-type: none"> • gives information necessary (and no more!) to understand results • shows overview of experimental flow/approach if appropriate 	(10)
Data	<ul style="list-style-type: none"> • related to central question • complete and concise explanations • integrated results + discussion 	(30)
Summary/Conclusions	<ul style="list-style-type: none"> • key findings reiterated and put into context of past and/or future work 	(5)

Chronology confuses us



The authors wanted to engineer a calcium sensor's binding sensitivity.

They ligated DNA into a plasmid,

then they transformed it into cells,

and then they looked at fluorescence data.

But WHY?

Convey logic & motivation with a story



The authors wanted to engineer a calcium sensor's binding sensitivity.

To change the binding site, they did site-directed mutagenesis,

then they expressed the mutant protein in cells,

and then they assessed its binding properties with a fluorescent assay.

Tell us a story



- **Identify** the question/message
- Include only **essential** results
- **Connect** all results back to the question/message
- Use titles & transitions that explain **logic & motivation**

2. Connect with us, don't overwhelm us.

Example: Converting a paper figure to a presentation figure

Susan McConnell (Stanford)

Designing effective scientific presentations

<https://youtu.be/Hp7ld3Yb9XQ?t=1150>

Simplify & break up figures to avoid overwhelming your audience.

“What would help my audience understand this faster?”

If you're not going to talk about it, leave it out.

- **Title** = take-home message
- Show **minimal essential data**
- **Maximize signal-to-noise**
 - Control viewing pace: separate/mask panels
 - add/move/remove labels (Noreen pet peeve)
- **Effective redundancy**: align visual, written, & oral

Make slide titles take-home messages

	DON'T use	DO use
	<i>General descriptions</i>	<i>Sentences that answer "so what?"</i>
Methods	EMK-1 Knockdown	EMK1/Par1 was knocked down in MDCK (kidney) cells using siRNA
Results	Ca-switch	MDCK cells form a lumen after changing extracellular $[Ca^{+2}]$
	Mitochondrial ROS induction in cell lines	Mitochondrial ROS induction is decreased in adk^{-} cells
	Comparison of primer specificity	Primer 1 is better than Primer 2 at differentiating closely-related HIV strains

Avoid light or bright colors and tiny fonts

Am I legible?

Am I legible?

Am I legible?

Am I legible?

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Am I legible?

PowerPoint basics: 3. Style

Don't drown the audience with data.

Less is more.

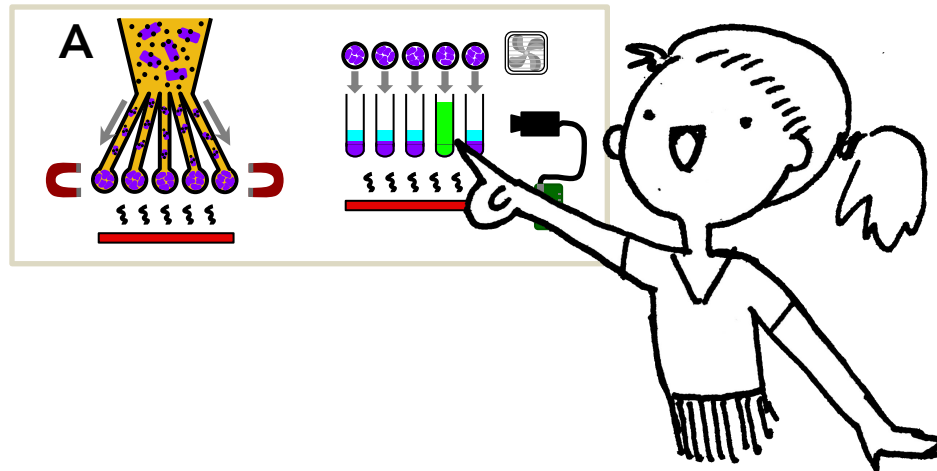


3. Be respectful of yourself, authors, and the audience.

We're a friendly audience, help us out

- Give yourself **time to understand** the paper.
- **Practice** the take-home messages and transitions
- **Record yourself** for **10-minute** timing
- If you're **not going to talk about it, it doesn't belong**
- We'll ask you about **methods**

You can also use gestures to guide the audience through complicated data.



Manage nerves by accepting them

Be **kind** to yourself.

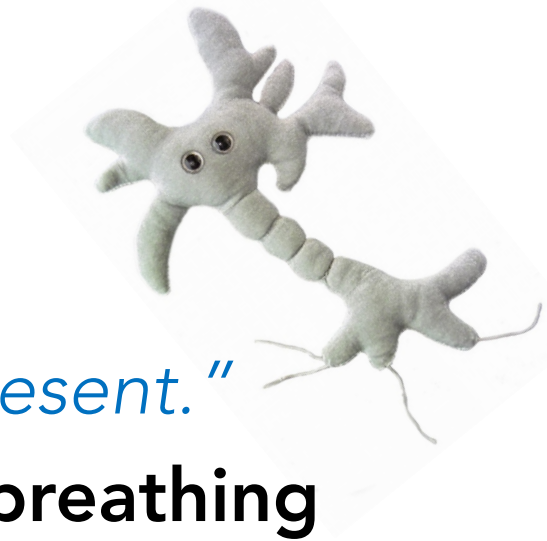
Everyone gets nervous. Don't fight it.

*"I'm nervous because I'm **excited** to present."*

Channel it into positive things: **steady breathing**
and **eye contact**

In Q&A: Give yourself time to think.

Make sure you understand the question (maybe restate or paraphrase).



Be a human.

Tell us a story.

Connect with us, don't overwhelm us.

Be respectful of yourself, authors, audience.

Additional help

- Practice your presentation with a Communication Fellow
<http://be.mit.edu/becommunicationlab>
- Tips for reading papers:
<http://www.sciencemag.org/careers/2016/03/how-seriously-read-scientific-paper>
- Susan McConnell (Stanford), *Designing effective scientific presentations*
<https://youtu.be/Hp7Id3Yb9XQ>